

**General Education Scoring Guide for Wellness Objectives**  
**COURSE ASSESSMENT RUBRIC**  
 Revised July 2006

<b>Criteria</b>	<b>4-Accomplished*</b> <i>Exceeds Course Expectations</i>	<b>3-Competent</b> <i>Meets Course Expectations</i>	<b>2-Developing</b> <i>Incomplete in Meeting Course Expectations</i>	<b>1-Beginning</b> <i>Inadequate in Meeting Course Expectations</i>	<b>N/A</b>
<b>Comprehends basic wellness concepts &amp; facts</b> <i>(GE Goal 5, 7, 8)</i>	Comprehension exceeds course expectations	Comprehends basic wellness concepts & facts	Incomplete comprehension of basic wellness concepts & facts	Inadequate comprehension of basic wellness concepts & facts	
<b>Analyzes the interrelationships among the dimensions of wellness (psychological, social, physical, spiritual)</b> <i>(GE Goal 2 &amp; 5)</i>	Analysis exceeds course expectations	Analyzes the interrelationships among the dimensions of wellness for a specific wellness issue	Incomplete analysis of the interrelationships among the dimensions of wellness for a specific wellness issue (gaps, errors, and/or inconsistencies)	Inadequate analysis of the interrelationships among the dimensions of wellness for a specific wellness issue	
<b>Analyzes the interrelationships among societal, cultural, economic, and environmental factors and wellness</b> <i>(GE Goal 2 &amp; 5)</i>	Analysis exceeds course expectations	Analyzes the relationships among societal, cultural, economic, and environmental factors and wellness for a specific wellness issue	Incomplete analysis of the relationships among societal, cultural, economic, and environmental factors and wellness for a specific wellness issue (gaps, errors, and/or inconsistencies)	Inadequate analysis of the relationships among societal, cultural, economic, and environmental factors and wellness for a specific wellness issue	
<b>Evaluates health information and resources</b> <i>(GE Goal 2 &amp; 7)</i>	Evaluation exceeds course expectations	Evaluates the validity and completeness of health information and resources	Incomplete evaluation of the validity & completeness of health information and resources (gaps, errors, and/or inconsistencies)	Inadequate evaluation of the validity & completeness of health information and resources	
<b>Integrates knowledge to make informed choices regarding wellness in individuals &amp; society</b> <i>(GE Goal 2 &amp; 8)</i>	Integration of knowledge exceeds course expectations	Integrates knowledge to develop a wellness plan with achievable goals & specific strategies	Incomplete integration of knowledge to develop a wellness plan with achievable goals & specific strategies (gaps, errors, and/or inconsistencies)	Inadequate integration of knowledge to develop a wellness plan with achievable goals & specific strategies (gaps, errors, and/or inconsistencies)	

**\*note: Accomplished category is not applicable when multiple-choice items are used.** For more information on how to place students in categories see *Course Assessment Guidelines* at [www.gened.eku.edu](http://www.gened.eku.edu)